

# What makes you feel good?



13<sup>th</sup> September 2017  
Swanland Village Hall  
1.00 – 4.00pm

Come join us to talk about the things that make you feel happy, healthy and at your best. Explore with local health leaders how we can help you and others in your community to feel good and stay well.

The event is the first meeting of the Humber, Coast and Vale Building Health Partnerships programme. The programme will bring together citizens, communities, health organisations, decision-makers and budget-holders to explore what needs to change in our health and care system to ensure everyone in our area can ***start well, live well and age well***.

This is the first meeting for the programme and you will be part of:

- Setting out a vision for what needs to change
- Sharing stories of what is working and what's not
- Working together to prioritise and plan for further action and future sessions

[Click here to register to attend the event](#) or for more information contact us [hullccg.stpcontactus@nhs.net](mailto:hullccg.stpcontactus@nhs.net) or 01482 344764

# Building Health Partnerships

@IVAR\_UK  
@SocialEnt\_UK

#selfcare #STPs

Funded by NHS England  
and the Big Lottery Fund

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## More about the programme:

Jointly funded by NHS England and the Big Lottery Fund and delivered in partnership by [Social Enterprise UK](#) and the Institute for [Voluntary Action Research \(IVAR\)](#) the Building Health Partnerships Self-Care programme supports Sustainability and Transformation Partnership (STP) areas to engage with the Voluntary, Community and Social Enterprise sector and citizens on wellbeing and self-care priorities. It runs from April 2017 to June 2018.

Our Humber, Coast and Vale STP area was successful in bidding for this support which will help us all to work together to improve the health and wellbeing of local people.

The BHP programme takes a dual focus combining relationship building with agreeing and implementing joint action. STP areas in the programme will be able to access a mixture of facilitated support, expert input, links to other networks and initiatives and communications expertise.

The programme is intended to support STPs to more effectively engage with all the providers and people necessary to meet their plan objectives. For more details see [here](#).

For more details about the programme nationally please contact Nancy Towers at Social Enterprise UK [Nancy.towers@socialenterprise.org.uk](mailto:Nancy.towers@socialenterprise.org.uk)